



*Creativi-Tao*TM

A Flow State Mastery Program

An Introduction

The formula for positively impacting our world is simple: Activate Creative Culture

If we are to thrive throughout the monumental environmental and cultural transition in which our planet and peoples are currently engaged, we must become aware of — and act out of — the deeper dimensions of interconnectedness that fuels and drives our greatest potentials; our inherent “flow state” nature.

Creative people in the arts *and* sciences can activate this in our human family en masse. Furthermore, the creative community possesses the power not simply to render an image of a “positive” future, but to serve as the actual architects of our future civilization.

All great stories, artistic themes, designs, formula are accessed through a dance between the rational, mechanistic, predictable mind and the INSPIRED MIND; that inner realm where you go and *great stuff just gets handed to you.*

In positive psychology, **flow**, also known as **the zone**, is the mental state of operation in which a person performing an activity is fully immersed in a feeling of energized focus, full involvement, and enjoyment in the process of the activity. In essence, flow is characterized by complete absorption in what one does and loses sense of space and time.

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[From Wikipedia, the free encyclopedia](#)

Our program will exponentially influence and enhance your creative skills, building you up into the creative individual you know you *really* are. While the term “flow state” may seem esoteric, the practical results you can experience in your life by connecting with it are immeasurable.

In this writing, the first goal is to awaken a compelling context within you; a knowing of your purpose as a *Creator*. The goal following that is to connect you with the empowering information, experience, and techniques through which you can fulfill your distinct purpose intentionally and skillfully.

Our planet is a living organism in its own right

We might regard the whole of humanity to function as a crucial element of a planetary nervous system, an element that is capable of either being occupied by malignant or benign activities in relationship to the health of the entire organism, known mythopoetically as “Gaia.”

What might be the healing factor?

Reflecting further on the idea that our planet is a living organism in its own right, consider the creative, inwardly-oriented, and deeply-thinking people to be our planet’s white blood cells. This metaphor can be very helpful in understanding the role of people who feel called to a higher purpose in the world. White blood cells are functionaries of the immune system — they are the body’s healers — while red blood cells contribute to maintaining general homeostasis. In a similar manner, a certain type of creative person (including scientists and engineers) consider themselves *in service* to others. This analogy is not intended to perpetuate an elitist perspective that could create distance between you and others, but to assist you in connecting more meaningfully to your role as a healing presence in our world.

WE are the healing factor

When you engage in practices that have traditionally been stewarded under the auspices of mysticism and religions, but are now offered in increasingly sophisticated forms through Creativi•Tao™, Alpha, Theta and Delta brain waves become active in the brain. This stimulates greater awareness both internally as well as externally. You become more relaxed in and responsive to each present moment. And where this program dives the most deeply, you can become a more competent learner and creator, far beyond what is typical even in the most innovative creative and scientific environments. Tapped into the greater wisdom field of our planet, and armed with our various creative skill sets, we become more effective healing agents in the world.

A Balanced Approach to Skills Development

Many artists being trained at the “best schools” are erudite *creative technicians*. That might seem too extreme and perhaps even presumptuous of a statement, but please have an open mind and explore the critical pieces missed by most of these schools by delving more deeply into our particularly unique approach to developing the creative mind...

The Creative is a “Mystic with a Craft”

Inspired by his wife who was a career dancer, the American professor of mythology Joseph Campbell further proposed that a creative person who is functioning properly within society, including a scientist or engineer, could be understood to be a *mystic with a craft*. That is to say that they are skilled in going *within* for the clearest and most inspired insights and creative breakthroughs, and then are capable of rendering those messages, aesthetic forms, and formulae in the manifest world. (And this is not necessarily a thought-driven process. It can and often does manifest in a moment of inspired action — spontaneously guided by a benevolent impulse from within your own psyche.)

The Pillars of Creative Mastery: Receive, Realize, Render

The key to being the most potent as a creative is to *calibrate*, or bring into balance, the three core skills centers: Receive, Realize, Render. These form a structural foundation similar to that of a three-legged stool. If all three legs are of equal length and strength, it is a simple, yet powerful structure. But, remove or significantly alter just one leg, it will no longer function properly.

What skills are required by a mystic?

1) Receive: Proactively Access Inspiration

Core Identity Cultivation practices, i.e. meditation, contemplation, and life force development, are multi-beneficial tools by which deep, rich sources of inspiration are made readily accessible to creatives: Buddhist, Taoist, indigenous shamanic journeying, yogic, and many others are available . . . each meets a fundamental set of needs; but they also each bring something different. Our Creativi•Tao™ team of expert consultants can work with you to find the best one(s) for you to receive inspiration and engage with full intention in the seeking process until you’ve found what fits best for you. You’ll find that these types of meditative/mindfulness practices actually permeate throughout the entire creative process. They are the pure, bright fire that burns through and around all three pillars, and clarifies your truest essence.

2) Realize: Effective Project Manifestation

This is where *being* and *doing* can really dance with each other. But, this is way beyond simple goal setting and achieving — “chance” becomes a slippery term to define! Engaging with the principles of synchronicity exponentially increases the odds of the fulfillment of creative projects. In order to be most effective, adhere to a meditation/contemplative practice and possess a moderate level awareness of the multiple and oftentimes conflicting impulses within the body/mind. This is such subtle territory, where an experienced guide is invaluable.

Joseph Campbell articulated the spirit of the subject of manifestation when he advised his students to “*Follow your bliss...* If you follow your bliss, doors will open where there weren’t doors before and where there wouldn’t be doors for anyone else.” Manifestation is ultimately about finding and settling into the flow of the life that you were intended to live; you could even call it your unique blueprint. When you realize that life, when you’ve actualized that blueprint, you’ve realized your bliss. AND, it’s important to note, he also said “Follow your bliss-ters!” ...the road to fulfillment of one’s full creative potential is neither easy *or* safe.

Here’s the one most schools really get right...

3) Render: Articulate Through Specific Media; e.g. film, music, writing, engineering schematics, theorem, etc.

Fundamental to arts education or scientific/engineering development is receiving training in specific technical skills such as filmmaking, photography, advanced mathematics, music, painting, dance, physics, and so on. A creative empowered with profound insights and material support, but lacking in technical skills, is doomed to be perpetually frustrated by their inability to effectively share their inspirations. Technical skills training and real-world career guidance are essential to land and maintain consistent and fulfilling employment as a creative.

Always Perfect, Always Perfecting

Life isn't about achieving perfection. It's about *perfecting*. Perfection is static. Only the dynamic has a place in life. Perfection has its place, too. It underlies and supports the playful dance of life, holding it and waiting to receive it all back again. Every moment is to be approached fresh, almost a child once again. Experience is there for all who answer the call. Experience breeds opportunities for new creations . . . be reborn with childlike wonder . . . embrace wild love . . . catalyze radical transformation . . . connect with soul . . . be of service to the highest good of life everywhere . . . and willfully create!

Making the greatest works of art and innovation comes out of a deep knowing of what creativity is for and what the roles of creatives are in society. Without this context, there is no footing, no direction. You can now learn what they didn't teach you in art or tech institutes about how to unleash your creative genius. Regain the primal creative edge you *need* to have a deeply satisfying and successful career doing what you know you came here to do.

Contact us today to find out how we can support you in developing a “flow state” practice that works for you... finally receiving the inspiration you’ve been seeking, and then creating the art, innovative designs, and scientific breakthroughs you’ve always known are within you.

APPLY NOW FOR YOUR FIRST CONSULTATION

CONTACT: CreativiTao@gmail.com

Program Partners

Our team has been carefully curated in order to provide a deep internal dive into each participant's creative potential, focusing on developing extraordinary mental abilities, while also placing a strong emphasis on embodiment practices through qigong (trans. "energy work"), martial arts, and modern movement modalities for a complete mind/body/spirit experience.

Arch of Offerings

The following details what my team and I draw upon in varying degrees in working with you to go deeper in your creative unfolding...

CONTEXTUALIZING CREATIVITY

- THE CALL: Invitation to the Journey / Initiation into Purpose
- THE PATH: Our Global Community Needs Creative Shamans
- GROUNDING:
 - Gaia / Terra / Earth
 - Humanity's Global Culture
 - Creatives and a Global Mythos
- OUR CREATIVE HERITAGE:
 - Primitive, Agrarian, and Celestial Perspectives
 - Hinduism, Buddhism, and the Great Tao
 - Egypt, Greece, and the Tribes of Abraham
 - Alchemy and the European Renaissance

FINDING CENTER

- THE PSYCHE & THE CREATIVE PROCESS:
 - Your "Human Design"
 - Creating Out of the Present Moment
 - Archetypes (All Your Mind is a Stage)
 - The Holistic Perspective of Integral Art
- OUR WORLD:
 - The Reunion of East and West, North and South
 - Ancient Meets Modern in the 21st Century
 - A Collective Cry for Humanity to Grow Up
 - Birthing a Creative Culture and Economy

CO-CREATING OUR "NEW WORLD"

- RECEIVE:
 - Why Meditate? *Who* is Meditating?
 - Art is Shamanic Service, HeArt-Sourced Insight
 - Inspiration Flows from Everywhere
 - Practices: Non-Dual, "Causal" Body Meditation; "Subtle" Body Activation; Shamanic Journeying; more...
- REALIZE:
 - What is Manifestation? *Who* is Manifesting?
 - "Follow Your Bliss" — True Manifestation
 - Trusting in the "Story of Your Life"
- RENDER:
 - Beyond "The Arts": New Mediums and Modalities
 - The Importance of Being Technically Skilled
 - The *Human Creating*: Harness the Power of "Being" and "Doing"
 - Aesthetic Arrest: The Holy Grail of the Creative Quest
 - The Co-Creative: A Conscious Collaboration Model

Creativi•Tao™ is a lifestyle optimization program for writers, filmmakers, choreographers, musicians, all fine artists, as well as entrepreneurs, and even visionary engineers and scientists. It contains all the most important things you need to know — but were not taught in school or by convention — that will give your creations the highest impact.

Program Founder/Facilitator: Immanuel studies myth, religion and tradition; and practices/teaches meditation for the specific purpose of awakening the creative culture to its critical role in unifying what is now a global community.

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